



The Virtues of a Holy Woman

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SESSIONS

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WARM UP ACTIVITY

What are some songs that mention holy or holiness?

HOLY, HOLY HOLY

Revelation 4:8

Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come.

Wi, li sen, li sen, li sen vre,
Bondye sèl Mèt ki gen tout
pouvwa a, Li menm ki te la, ki
la koulye a, ki gen pou vini
an.Ut fermentum a magna ut
eleifend. Integer convallis
suscepit ante eu varius.

Saint, saint, saint est le
Seigneur Dieu, le Tout-
Puissant, qui était, qui est, et
qui vient!

THINKING ABOUT THE WORD HOLY

What does holy mean?

What are some holy things?

Biblical Use of Holy

Isaiah 6:3

Holy, holy, holy is the LORD Almighty; the whole earth is full of his glory.

-Seyè ki gen tout pouvwa a, li
apa! Wi, li apa! Se yon Bondye
ki apa vre! Pouvwa li kouvrí
tout latè.

Saint, saint, saint est l'Eternel
des armées! toute la terre est
pleine de sa gloire

FROM THE THEOLOGIANS

Underline phrases that you find significant.

The primary meaning of holy is ‘separate.’ It comes from an ancient word that meant, ‘to cut,’ or ‘to separate.’ This means that the one who is holy is uniquely holy, with no rivals or competition.

When the Bible calls God holy it means primarily that God is transcendently separate. He is so far above and beyond us that He seems almost totally foreign to us. To be holy is to be ‘other,’ to be different in a special way. The same basic meaning is used when the word holy is applied to earthly things.

- R.C Sproul The Holiness of God

Holiness is the perfection of all [God’s] other attributes. His power is holy power, His mercy is holy mercy, His wisdom is holy wisdom. It is His holiness more than any other attribute that makes Him worthy of our praise.

-Jerry Bridges, The Pursuit of Holiness
christianquotes.info

God’s holiness means He is separate from sin. But holiness in God also means wholeness. God’s holiness is His “God-ness.” It is His being God in all that it means for Him to be God. To meet God in His holiness, therefore, is to be altogether overwhelmed by the discovery that He is God, and not man.

- Sinclair B. Ferguson
christianquotes.info

As well might a gnat seek to drink in the ocean, as a finite creature to comprehend the Eternal God.

A God whom we could understand would be no God. If we could grasp Him, He could not be infinite. If we could understand Him, He could not be divine.

-Charles Spurgeon
christianquotes.info

BIBLE VERSES ABOUT GOD’S HOLINESS

Exodus 15:11

Psalm 77:13

1 Samuel 2:2

Psalm 99:1-3, 5, 9

LOOKING AT GOD'S DWELLING

What does heaven look like? Sound like? Smell like? Feel like? How do we see God?

ISAIAH 6:1-8

6 In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. **2**Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. **3**And they were calling to one another:

“Holy, holy, holy is the LORD Almighty;
the whole earth is full of his glory.”

4At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke.

5“Woe to me!” I cried. “I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the LORD Almighty.”

6Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. **7**With it he touched my mouth and said, “See, this has touched your lips; your guilt is taken away and your sin atoned for.”

8Then I heard the voice of the Lord saying, “Whom shall I send? And who will go for us?”

And I said, “Here am I. Send me!”

6 ¶ Lanne wa Ozyas mouri a, mwen wè Seyè a. Li te chita sou yon gwo fotèy byen wo. Ke rad li te plen tout tanp lan.

7 Yon bann bêt vivan te kanpe fè wonn li. Yo te klere kou flanm dife. Yo chak te gen sis zèl, de zèl pou kouvri figi yo, de zèl pou kouvri pye yo, de zèl pou yo vole.

8 Yo t'ap pale yonn ak lòt byen fò. Yo t'ap di: -Seyè ki gen tout pouvwa a, li apa! Wi, li apa! Se yon Bondye ki apa vre! Pouvwa li kouvri tout latè.

9 Tout poto kay Bondye a tranble lè bêt vivan yo t'ap rele konsa a. Lafimen te plen tout anndan tanp lan.

10 ¶ Mwen di: -Nanpwen sove pou mwen! Jòdi a m'ap mouri vre! Paske tout pawòl ki soti nan bouch mwen se move pawòl. Epi m'ap viv nan mitan yon pèp ki pa janm gen bon pawòl nan bouch li. Lèfini, mwen wè Wa a, Seyè ki gen tout pouvwa a, avèk pwòp je m'.

11 Yonn nan bêt vivan yo pran yon chabon dife tou limen ak yon pensèt sou lotèl la, li vole vin bò kote m' avèk chabon dife a nan men li.

12 Li kole l' sou bouch mwen, epi li di m' konsa! -Sa a kole sou po bouch ou. Koulye a, ou pa gen peche ankò. Bondye padonnen tou sa ou fè ki mal.

13 Apre sa, mwen tande Seyè a ki t'ap di: -Kilès mwen ta voye la a? Kilès ki ta asepte ale pou nou? Mwen di: -Men mwen. Voye m'!

ÉSAÏE 6:1-8 NOUVELLE ÉDITION DE GENÈVE – NEG1979 (NEG1979)

6 L'année de la mort du roi Ozias, je vis le Seigneur assis sur un trône très élevé, et les pans de sa robe remplissaient le temple. **2** Des séraphins se tenaient au-dessus de lui; ils avaient chacun six ailes; deux dont ils se couvraient la face, deux dont ils se couvraient les pieds, et deux dont ils se servaient pour voler. **3** Ils criaient l'un à l'autre, et disaient: Saint, saint, saint est l'Eternel des armées! toute la terre est pleine de sa gloire! **4** Les portes furent ébranlées dans leurs fondements par la voix qui retentissait, et la maison se remplit de fumée.

5 Alors je dis: Malheur à moi! je suis perdu, car je suis un homme dont les lèvres sont impures, j'habite au milieu d'un peuple dont les lèvres sont impures, et mes yeux ont vu le Roi, l'Eternel des armées. **6** Mais l'un des séraphins vola vers moi, tenant à la main une pierre ardente, qu'il avait prise sur l'autel avec des pincettes. **7** Il en toucha ma bouche, et dit: Ceci a touché tes lèvres; ton iniquité est enlevée, et ton péché est expié.

8 J'entendis la voix du Seigneur, disant:

Qui enverrai-je, et qui marchera pour nous?

Je répondis: Me voici, envoie-moi.

REVELATION 4 NEW INTERNATIONAL VERSION (NIV)

What does heaven look like? Sound like? Smell like? Feel like?

4 After this I looked, and there before me was a door standing open in heaven. And the voice I had first heard speaking to me like a trumpet said, “Come up here, and I will show you what must take place after this.” **2** At once I was in the Spirit, and there before me was a throne in heaven with someone sitting on it. **3** And the one who sat there had the appearance of jasper and ruby. A rainbow that shone like an emerald encircled the throne. **4** Surrounding the throne were twenty-four other thrones, and seated on them were twenty-four elders. They were dressed in white and had crowns of gold on their heads. **5** From the throne came flashes of lightning, rumblings and peals of thunder. In front of the throne, seven lamps were blazing. These are the seven spirits[✉] of God. **6** Also in front of the throne there was what looked like a sea of glass, clear as crystal.

In the center, around the throne, were four living creatures, and they were covered with eyes, in front and in back. **7** The first living creature was like a lion, the second was like an ox, the third had a face like a man, the fourth was like a flying eagle. **8** Each of the four living creatures had six wings and was covered with eyes all around, even under its wings. Day and night they never stop saying:

“Holy, holy, holy
is the Lord God Almighty,’[✉]
who was, and is, and is to come.”

9 Whenever the living creatures give glory, honor and thanks to him who sits on the throne and who lives for ever and ever, **10** the twenty-four elders fall down before him who sits on the throne and worship him who lives for ever and ever. They lay their crowns before the throne and say:

11 “You are worthy, our Lord and God,
to receive glory and honor and power,
for you created all things,
and by your will they were created
and have their being.”

REVELASYON 4 HAITIAN CREOLE VERSION (HCV)

4 ¶ Apre sa, mwen fè yon lòt vizyon, mwen wè yon pòt louvri nan sièl la. Vwa ki t'ap sonnen nan zòrèy mwen tankou yon klewon an, menm vwa ki t'ap pale avè m' anvan an, di m' konsa: Moute bò isit, m'a fè ou wè sa ki gen pou rive apre sa.

5 Lamenm, Lespri Bondye a fè m' fè yon vizyon, mwen wè yon fòtèy nan sièl la ak yon moun chita sou li.

6 Figi moun lan te klere tankou piè bijou yo rele jasp la ak sa yo rele sadwan lan. Fòtèy la menm te nan mitan yon gwo lakansièl ki te klere tankou yon piè emwòd.

7 Tout arebò fòtèy la te gen vennkat lòt fòtèy ak vennkat granmoun chita sou yo. Grammoun yo te gen rad tout blan sou yo, ak yon kouwòn an lò sou tèt yo chak.

8 Kout zèklè t'ap pati soti nan fòtèy la ansanm ak mizik ak kout loraj. Te gen sèt flanbo limen ki t'ap boule devan fòtèy la; se sèt Lespri Bondye yo.

9 Devan fòtèy la tou te gen yon bagay ki te sanble yon lanmè an glas ki klere kou kristal. Toupre fòtèy la, te gen kat bêt vivan kanpe yonn nan chak direksyon. Yo te gen anpil je devan kou dèyè.

10 Premie a te sanble ak yon lyon. Dezyèm lan te sanble ak yon jenn ti towo bëf. Twazièm lan te gen yon figi ki te sanble ak figi moun. Katriyèm lan te sanble ak yon gwo malfini k'ap vole.

11 ¶ Yo chak yo te gen sis zèl. Tout kò yo se te je andedan kou deyò. Lajounen kou lannwit y'ap chante san rete: Wi, li sen, li sen, li sen vre, Bondye sèl Mèt ki gen tout pouvwa a, Li menm ki te la, ki la koulye a, ki gen pou vini an.

12 Kat bêt vivan yo t'ap chante pou fè Iwanj moun ki chita sou fòtèy la, pou rann li onè, pou di l' mèsi, li menm ki vivan pou tout tan an. Chak fwa yo pran chante,

13 vennkat granmoun yo tonbe ajenou fas atè devan moun ki chita sou fòtèy la, yo adore moun ki vivan pou tout tan an. Yo jete kouwòn yo devan fòtèy la. Yo di:

14 O Bondye, Mèt nou, ou merite pou ou resevwa Iwanj, respè ak pouvwa. Se ou menm ki fè tout bagay. Si yo la, si yo gen lavi, se paske ou vle l'.

APOCALYPSE 4 NOUVELLE ÉDITION DE GENÈVE – NEG1979 (NEG1979)

4 Après cela, je regardai, et voici, une porte était ouverte dans le ciel. La première voix que j'avais entendue, comme le son d'une trompette, et qui me parlait, dit: Monte ici, et je te ferai voir ce qui doit arriver dans la suite.

2Aussitôt je fus saisi par l'Esprit.^[a] Et voici, il y avait un trône dans le ciel, et sur ce trône quelqu'un était assis. **3**Celui qui était assis avait l'aspect d'une pierre de jaspe et de sardoine; et le trône était environné d'un arc-en-ciel semblable à de l'émeraude.

4Autour du trône je vis vingt-quatre trônes, et sur ces trônes vingt-quatre vieillards assis, revêtus de vêtements blancs, et sur leurs têtes des couronnes d'or.

5Du trône sortent des éclairs, des voix et des coups de tonnerre. Devant le trône brûlent sept lampes ardentes, qui sont les sept esprits de Dieu. **6**Il y a encore devant le trône comme une mer de verre, semblable à du cristal. Au milieu du trône et autour du trône, il y a quatre êtres vivants remplis d'yeux devant et derrière. **7**Le premier être vivant est semblable à un lion, le second être vivant est semblable à un veau, le troisième être vivant a la face d'un homme, et le quatrième être vivant est semblable à un aigle qui vole. **8**Les quatre êtres vivants ont chacun six ailes, et ils sont remplis d'yeux tout autour et au-dedans. Ils ne cessent de dire jour et nuit: Saint, saint, saint est le Seigneur Dieu, le Tout-Puissant, qui était, qui est, et qui vient!

9Quand les êtres vivants rendent gloire, honneur et actions de grâces à celui qui est assis sur le trône, à celui qui vit aux siècles des siècles, **10**les vingt-quatre vieillards se prosternent devant celui qui est assis sur le trône, ils adorent celui qui vit aux siècles des siècles, et ils jettent leurs couronnes devant le trône, en disant: **11**Tu es digne, notre Seigneur et notre Dieu, de recevoir la gloire, l'honneur et la puissance; car tu as créé toutes choses, et c'est par ta volonté qu'elles existent et qu'elles ont été créées.

²²The shape of an expanse, with a gleam like awe-inspiring crystal, was spread out over the heads of the [four] living creatures. ²³And under the expanse their wings extended one toward another. Each of them also had two wings covering their bodies. ²⁴When they moved, I heard the sound of their wings like the roar of mighty waters, like the voice of the Almighty, and a sound of commotion like the noise of an army. When they stood still, they lowered their wings.

²⁵A voice came from above the expanse over their heads; when they stood still, they lowered their wings. ²⁶The shape of a throne with the appearance of sapphire²⁵ stone was above the expanse.²⁶ There was a form with the appearance of a human on the throne high above. ²⁷From what seemed to be His waist up, I saw a gleam like amber, with what looked like fire enclosing it all around. From what seemed to be His waist down, I also saw what looked like fire. There was a brilliant light all around Him. ²⁸The appearance of the brilliant light all around was like that of a rainbow in a cloud on a rainy day. This was the appearance of the form of the LORD's glory. When I saw it, I fell facedown and heard a voice speaking.

²²Anwo tèt bèt yo, te gen yon bagay won an fòm yon gwo bòl bouch anba, ki te klere tankou kristal.

²³Se anba gwo bòl la bèt yo te kanpe ak de zèl louvri ak pwent yo kontre ak pwent zèl bèt ki bò kote yo a. De lòt zèl yo te fèmen kouvri kò yo.

²⁴Lè bèt yo t'ap vole, mwen tandé zèl yo t'ap fè yon bri. Ou ta di bri lanmè a lè li move, osinon bri vwa Seyè a lè l'ap pale, oswa bri yon gwo lame. Lè yo sispann vole, yo kite zèl yo pandye.

²⁵Men ou te ka tandé yon ti bri ki t'ap fèt anwo bòl kristal ki te anlè tèt yo a.

²⁶¶ Anwo bòl kristal ki te anlè tèt yo a, te gen yon bagay, ou ta di yon gwo fotèy fèt an wòch safi. Sou fotèy la, yon fòm te chita ou ta di yon moun.

²⁷Depi nan ren l' moute, li te klere nan je m' tankou kwiv yo poli. Depi nan ren l' desann, ou ta di li te nan mitan yon gwo dife ki te klere tout kote l' te ye a.

²⁸Li te nan mitan yon limyè tout koulè tankou lakansyèl yon jou lapli. Gwo bèl limyè sa a te fè m' konprann se Seyè a ki te parèt devan m'. Lè mwen wè sa, mwen tonbe sou de jenou m', tèt mwen bese jouk atè. Lèfini mwen tandé yon vwa moun k'ap pale.

²²Au-dessus des têtes des 4 animaux, il y avait comme un ciel de cristal resplendissant, qui s'étendait sur leurs têtes dans le haut. ²³Sous ce ciel, leurs ailes étaient droites l'une contre l'autre, et ils en avaient chacun deux qui les couvraient, chacun deux qui couvraient leurs corps. ²⁴J'entendis le bruit de leurs ailes, quand ils marchaient, pareil au bruit de grosses eaux, ou à la voix du Tout-Puissant; c'était un bruit tumultueux, comme celui d'une armée; quand ils s'arrêtaient, ils laissaient tomber leurs ailes. ²⁵Et il se faisait un bruit qui partait du ciel étendu sur leurs têtes, lorsqu'ils s'arrêtaient et laissaient tomber leurs ailes.

²⁶Au-dessus du ciel qui était sur leurs têtes, il y avait quelque chose de semblable à une pierre de saphir, en forme de trône; et sur cette forme de trône apparaissait comme une figure d'homme placé dessus en haut. ²⁷Je vis encore comme de l'airain poli, comme du feu, au-dedans duquel était cet homme, et qui rayonnait tout autour; depuis la forme de ses reins jusqu'en haut, et depuis la forme de ses reins jusqu'en bas, je vis comme du feu, et comme une lumière éclatante, dont il était environné. ²⁸Tel l'aspect de l'arc qui est dans la nue en un jour de pluie, ainsi était l'aspect de cette lumière éclatante, qui l'entourait: c'était une image de la gloire de l'Eternel. A cette vue, je tombai sur ma face, et j'entendis la voix de quelqu'un qui parlait.

BEFORE A HOLY GOD

ISAIAH (ISAIAH 6:1-8) PAGE 6-8

What did God look like?

How did Isaiah react?

EZEKIEL (EZEKIEL 1:22-28) PAGE 12-14

What did God look like?

How did Ezekiel react?

PETER, JAMES, JOHN (MATTHEW 17:1-6)

What did Jesus look like?

How did Peter James & John react?

After six days Jesus took Peter, James, and his brother John and led them up on a high mountain by themselves.² He was transformed in front of them, and His face shone like the sun. Even His clothes became as white as the light.³ Suddenly, Moses and Elijah appeared to them, talking with Him.

⁴ Then Peter said to Jesus, "Lord, it's good for us to be here! If You want, I will make three tabernacles here: one for You, one for Moses, and one for Elijah."

⁵ While he was still speaking, suddenly a bright cloud covered them, and a voice from the cloud said:

This is My beloved Son. I take delight in Him. Listen to Him!

⁶ When the disciples heard it, they fell facedown and were terrified.

Sis jou apre sa, Jezi pran Pyè, Jak ak Jan, frè Jak la, li mennen yo pou kont yo sou tèt yon mòn byen wo.

² Antan Jezi te la, li pran chanje devan yo. Figi l' vin klere tankou solèy la. Rad li vin blan tankou yon limyè.

³ Twa disip yo wè Moyiz ak Eli parèt, yo t'ap pale ak Jezi.

⁴ Lè sa a, Pyè pran lapawòl, li di Jezi konsa: Met, sa bon nèt pou nou isit la. Si ou vle, m'ap moute twa ti kay, yonn pou ou, yonn pou Moyiz ak yonn pou Eli.

⁵ Antan Pyè t'ap pale toujou, yon nwaj byen klere vin kouvre yo. Yo tande yon vwa soti nan nwaj la, li di: Sa se pitit mwen renmen anpil la. Li fè kè m' kontan anpil. Koute li.

⁶ Lè disip yo tande vwa a yo tonbe fas atè tèlman yo te pè.

Six jours après, Jésus prit avec lui Pierre, Jacques, et Jean, son frère, et il les conduisit à l'écart sur une haute montagne.² Il fut transfiguré devant eux; son visage resplendit comme le soleil, et ses vêtements devinrent blancs comme la lumière.³ Et voici, Moïse et Elie leur apparurent, s'entretenant avec lui.⁴ Pierre, prenant la parole, dit à Jésus: Seigneur, il est bon que nous soyons ici; si tu le veux, je dresserai ici trois tentes, une pour toi, une pour Moïse, et une pour Elie.⁵ Comme il parlait encore, une nuée lumineuse les couvrit. Et voici, une voix fit entendre de la nuée ces paroles: Celui-ci est mon Fils bien-aimé, en qui j'ai mis toute mon affection: écoutez-le!⁶ Lorsqu'ils entendirent cette voix, les disciples tombèrent sur leur face, et furent saisis d'une grande frayeur

JOHN (Revelation 1:12-18)

What did Jesus look like?

¹²I turned to see whose voice it was that spoke to me. When I turned I saw seven gold lampstands, ¹³and among the lampstands was One like the Son of Man, dressed in a long robe and with a gold sash wrapped around His chest. ¹⁴His head and hair were white like wool—white as snow—and His eyes like a fiery flame. ¹⁵His feet were like fine bronze as it is fired in a furnace, and His voice like the sound of cascading waters. ¹⁶He had seven stars in His right hand; a sharp double-edged sword came from His mouth, and His face was shining like the sun at midday.

¹⁷When I saw Him, I fell at His feet like a dead man. He laid His right hand on me and said, "Don't be afraid! I am the First and the Last,¹⁸ and the Living One. I was dead, but look—I am alive forever and ever, and I hold the keys of death and Hades.

M' vire pou m' wè ki moun ki t'ap pale avè m' lan. Lè sa a, mwen wè sèt gwo lanp sèt branch an lò kanpe,
¹³ak nan mitan yo yon moun ki te sanble ak yon gason. Li te gen yon gwo rad sou li byen long ki te bat jouk sou pie l', ak yon sentiwon an lò mare sou lestonmak li.
¹⁴Cheve nan tèt li te tankou lenn mouton, blan kou koton. Je l' yo menm te tankou de flanm dife.
¹⁵Pie l' yo te klere tankou kwiv yo poli apre yo fin chofe l' nan fòj. Lè l' pale menm, vwa l' te tankou bri gwo dlo k'ap sot tonbe nan yon falèz.
¹⁶Li te gen sèt zetwal nan men dwat li ak yon nepe file de bò k'ap soti nan bouch li. Figi l' menm te klere tankou gwo solèy midi.
¹⁷Lè mwen wè l', mwen tonbe nan pie l' tankou yon moun ki mouri. Li mete men dwat li sou mwen, li di m' konsa: Ou pa bezwen pè! Se mwen ki premie, se mwen ki dènye.
¹⁸Mwen se moun ki vivan an. Mwen te mouri, men koulye a, mwen vivan pou tout tan. Mwen gen pouvwa sou lanmò ak sou peyi kote mò yo ye a.

How did John react?

¹²Je me retournai pour savoir quelle était la voix qui me parlait. Et, après m'être retourné, je vis sept chandeliers d'or, ¹³et, au milieu des sept chandeliers, quelqu'un qui ressemblait à un fils d'homme, vêtu d'une longue robe, et ayant une ceinture d'or sur la poitrine. ¹⁴Sa tête et ses cheveux étaient blancs comme de la laine blanche, comme de la neige; ses yeux étaient comme une flamme de feu; ¹⁵ses pieds étaient semblables à de l'airain ardent, comme s'il avait été embrasé dans une fournaise; et sa voix était comme le bruit de grandes eaux. ¹⁶Il avait dans sa main droite sept étoiles. De sa bouche sortait une épée aiguë, à deux tranchants; et son visage était comme le soleil lorsqu'il brille dans sa force.

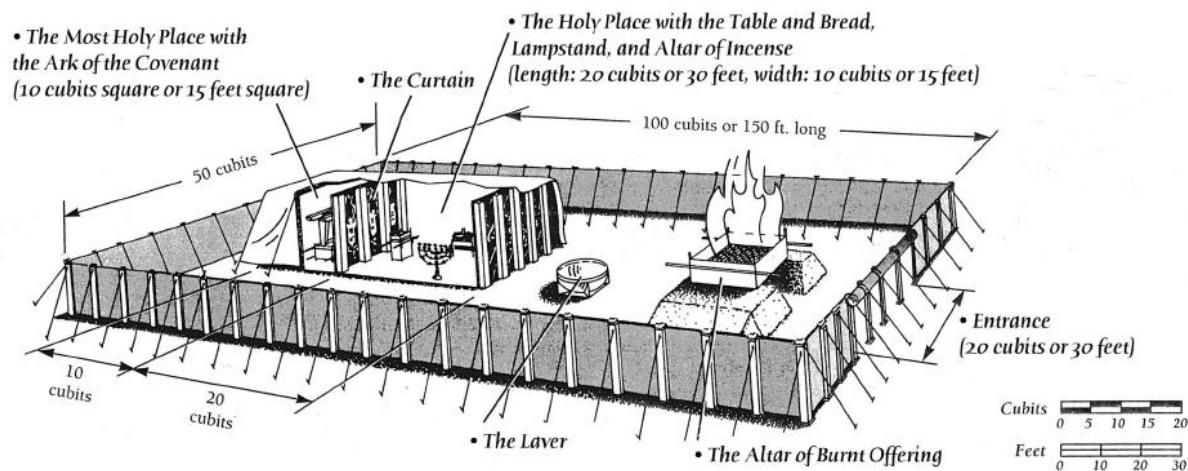
¹⁷Quand je le vis, je tombai à ses pieds comme mort. Il posa sur moi sa main droite en disant: Ne crains point! ¹⁸Je suis le premier et le dernier, et le vivant^[a]. J'étais mort; et voici, je suis vivant aux siècles des siècles. Je tiens les clés de la mort et du séjour des morts.

APPROACHING GOD

How were these people to approach God?

MOSES (Exodus 3:1-6, 33:18-23)

THE TABERNACLE



AT SOLOMON'S TEMPLE (1 Kings 8, 2 Chronicles 7:1-3)

JOSHUA (Joshua 5:13-16)

DAVID (1 Chronicles 21:16)

ALL THE PEOPLE WITH ELIJAH (1 Kings 18:38-39)

JEHOSHAPHAT AND ALL THE PEOPLE (2 Chronicles 20:17-18)

WISEMEN (Matthew 2:11)

IMPURE SPIRITS (Mark 3:11)

SIMON PETER (Luke 5:8)

MAN WITH LEPROSY (Luke 5:21)

SO WHY AREN'T WE ON OUR FACES BEFORE GOD?

Matthew 27:51, Mark 10:51

Hebrews 10:19-22

Hebrews 4:14-16

MADE LIKE HIM

HOLY HABITS: TAKE OFF, PUT ON

What happens at the moment of salvation?

God calls us to be holy:

- 1 Peter 1:15-16
- Leviticus 19:2
- Leviticus 20:7-8
- 1 Corinthians 1:2

Why does he choose us and make us holy?

- 1 Peter 2:9

We have a responsibility to keep ourselves holy.

Add the things we should put on (do) and put off (not do) from the following chart

Take Off and Put On Verses

- 1 Peter 1:13-16
- Romans 13:12b-14
- Ephesians 4:22-32
- Colossians 3:5-17
- Galatians 5:19-26
- Ephesians 6:10-18

PUT ON/To Do	PUT OFF/NOT TO DO

BUILDING HOLY HABITS

1. Walk by the Holy Spirit – Galatians 5:16-17
2. Support Each Other – Hebrews 10:24-25
3. Recognize the Enemy and Take Your Stand! – 1 Peter 5:8, Ephesians 6:11-12
4. Study the Bible – Hebrews 4:12
5. Prayer and Confession – James 5:16
6. Worship – Psalm 99:5, Colossians 3:16

PERSONAL DISCIPLINES OF HOLINESS

- Prayer
- Bible Study
- Journaling
- Meditation
- Silence
- Fasting

What else do you do to develop your relationship with God?

SMALL GROUP TIME

Individually, review your put on/take off lists and identify the ones you are doing ok with, and those you might need help with.

Which ones on the list agree with the morals of our society? Which conflict with them?

How can we walk the walk of holiness that God calls us to?

How can we support each other?

Spend time praying for each other, either as a group or 1-1 with a partner.

VIRTUES AND VICTORY

What does virtuous mean?

SEVEN HEAVENLY VIRTUES

CARDINAL	THEOLOGICAL
• Prudence	• Faith
• Justice	• Hope
• Temperance	• Love
• Courage/Fortitude	

- **Prudence (Wisdom)** – Seeing ahead, sagacity, wisdom
 - **Justice** – Regulates dealings with others, renders each person his due
 - **Temperance** – Moderates in accordance with reason the desires of the sensuous appetite, controls emotions
 - **Fortitude (Courage)**– Brave Endurance, inner strength, resoluteness
 - **Faith** – belief in the existence of God and his protection
 - **Hope** – Expectations of eternal salvation
 - **Charity (Love)** – love of God, love of neighbor

POPE GREGORY, 590 AD PAIRED THE VIRTUES WITH THE VICES

Practicing the virtues protects from temptation of deadly sins

VIRTUES	VICES
<ul style="list-style-type: none">• Chastity• Temperance• Charity• Diligence• Patience• Kindness• Humility	<ul style="list-style-type: none">• Lust• Gluttony• Greed• Sloth• Wrath• Envy• Pride

SYMBOLIZED IN ART

Faith – cross, pointing upward, staff and chalice, lamp, candle

Hope – anchor, harp, flaming brand, palm

Charity – flaming heart, with children, gathering fruit

Justice – sword, balance and scales, and a crown

Temperance – wheel, bridle and reins, vegetables and fish, cup, water and wine in two jugs

Fortitude – armor, club, with a lion, palm, tower, yoke, broken column

Prudence – book, scroll, mirror (occasionally attacked by a serpent)



Faith



Hope



Charity



Temperance



Fortitude



Prudence



Justice

REFERENCED IN LITERATURE

Allegories were popular ways of teaching this

- Aurelius Clemens Prudentius (5th Century AD) **Psychomachia**
- John Bunyan (1682) - **The Holy War** Made by King Shaddai Upon Diabolus, to Regain the Metropolis of the World, Or, The Losing and Taking Again of the Town of Mansoul
- CS Lewis (20th Century)
- William Bennett (1993) The Book of Virtues

21ST CENTURY VIRTUES ARE DIFFERENT. VERY DIFFERENT

"If anything, we might be more puritanical and values-driven today than we were in 1993. We just adhere to different values. And boy, howdy, do we cling to them. People still believe in deep moral truths, you see. They simply apply those beliefs in the service of very different virtues.

- Freedom
- Convenience
- Progress
- Equality
- Authenticity
- Health
- Non-judgmentalism

These are the characteristics modern society most prizes and has begun to organize its strictures around. Often with nonsensical results."

Jonathan V. Last, Virtues, Past & Present, March 16, 2016, The Weekly Standard

How do you react to this?

BIBLICAL

Philippians 4:8

Finally, brothers and sisters, whatever is true, whatever is worthy of respect, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if something is excellent or praiseworthy, think about these things.

2 Peter 1:3-9

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.

For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, mutual affection; and to mutual affection, love. For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. But whoever does not have them is nearsighted and blind, forgetting that they have been cleansed from their past sins.

So WHAT?

What does it mean to you to have studied holiness and the virtues this weekend?

